



“FLUTE FOR THE SOUL” WORKSHOP
with LIVE FLUTE MUSIC

SUN Sept. 30th 12 noon– 2 p.m.

Facilitated by ANN LICATER

Native American and World Flutist
& Naropa University MLA Graduate

Ann plays over a dozen flutes while workshop participants are led through personal-discovery and creative exercises such as journaling and meditating. The power of the flutes coupled with the creative energy of these exercises, can bring a renewed sense of purpose, a new avenue for connecting with one's inner-self and deep relaxation.



- ◆ Tap into your intuition
- ◆ Open to your essence
- ◆ Gain insight
- ◆ Renew your sense of purpose
- ◆ Uncover blocks to following your call

Central Coast Positive Living
Center

689 Crocker Street
Templeton, CA 93465

REGISTER NOW

Workshop fees \$30

Sign-up sheet at Center

For more info call:
Dr. Joann Lanning

1-805-772-9543

www.FlutefortheSoul.com