



Flute for the Soul Workshop

Self-discovery through live music

ANN LICATER
Native American & World Flutes

- Join World Flutist, Ann Licater in a workshop to tap into your inner-being.
- Ann performs on Native American and World flutes while workshop participants are led in creative exercises such as journaling and free-form drawing.
- The beautiful and resonant flute music allows participants to connect with and reflect on their personal journey.
- By taking the time and creating the space for deep reflection, each person's inner voice can bubble up and be expressed through these creative activities.
- A voluntary group discussion after each exercise enhances the workshop.
- Past attendees have described this workshop as a "Spa Treatment for the Soul."

Workshop Date:

Sun, June 21, 2009
1 pm—3 pm

Love Offering:

\$25 Suggested Love Offering

Event Location

Sacred YOU!
Cozmic Café
594 Main Steet
Placerville, CA 95667



ANN LICATER
RECORDING ARTIST

Music relaxes and refreshes body, mind & soul
www.FlutefortheSoul.com